

C1 Wordlist Unit 4

Navigate

Here is a list of useful or new words from Unit 4 of Navigate C1 Coursebook. You can insert your own translation.
Words marked with a key (O) all appear in the *Oxford 3000*.

adj = adjective
adv = adverb

conj = conjunction
n = noun

phr v = phrasal verb
pl = plural

phr = phrase
prep = preposition

pron = pronoun
v = verb

adopt a child O *phr* /əˈdɒpt ə ˈtʃaɪld/ _____

You can't apply to adopt a child until you're eighteen.

adrenaline junkie *phr* /əˈdrenəlɪn ˈdʒʌŋki/ _____

'Adrenaline junkies' take part in high-risk sports while on holiday.

affordable *adj* /əˈfɔːdəbl/ _____

Revolutionary manufacturing practices have made cars more affordable.

alarmingly *adv* /əˈlɑːmɪŋli/ _____

Alarmingly, nearly a sixth of people who take part in high-risk sports don't have insurance.

answer (to) *v* /ˈɑːnsə(r) tə/ _____

You'll answer to Melanie and you need to keep her informed about what's going on.

be to blame for *phr* /bi tə ˈbleɪm fɔː(r)/ _____

I bet I know who's to blame for it – Michael.

bland *adj* /blænd/ _____

This soup is really bland. It needs some salt and pepper.

blood donor *n* /ˈblʌd ˌdɒnə(r)/ _____

At seventeen, you can become a blood donor in England.

carefree *adj* /ˈkeəfriː/ _____

People over sixty are more carefree than we might imagine.

carer *n* /ˈkeərə(r)/ _____

I think being a good carer is about being a good listener.

caring profession O *phr* /ˈkeərɪŋ prəˈfeɪʃn/ _____

What qualities do you need to work in a caring profession?

charged (with) *adj* /ˈtʃɑːdʒd wɪð/ _____

You can be charged with a criminal act from the age of ten in England.

compromise *n* /ˈkɒmprəmaɪz/ _____

Do we have any room for compromise here?

consent *n* /kənˈsent/ _____

At sixteen, you can get married in England with your parents' consent.

considered O *adj* /kənˈsɪdəd/ _____

At fourteen, wearing a seat belt is considered your own personal responsibility.

count (on somebody) O *v* /ˈkaʊnt ɒn ˌsʌmbədi/ _____

We know we can count on you to get the job done.

day care *n* /ˈdeɪ keə(r)/ _____

My daughter goes to a day care centre while I'm at work.

discretion *n* /dɪˈskreɪʃn/ _____

You need total discretion in my job – people often talk about private, personal issues.

downsize *v* /ˈdaʊnsaɪz/ _____

The HR department has been downsized in the last year.

drawback *n* /ˈdrɔːbæk/ _____

The main drawback to the job is the unsociable hours.

ethical *adj* /ˈeθɪkl/ _____

In an ideal world, journalistic practices should be responsible and ethical.

exaggerate O *v* /ɪɡˈzædʒəreɪt/ _____

I think he was exaggerating when he said his boss was like a dictator!

express concern *phr* /ɪkˌspres kənˈsɜːn/ _____

The doctor expressed concern about one of her patients.

found O *v* /faʊnd/ _____

The World Responsible Tourism Awards were founded in 2004.

frivolous *adj* /ˈfrɪvələs/ _____

You shouldn't make any frivolous decisions – you may regret them later.

go under *phr v* /ɡəʊ ˈʌndə(r)/ _____

If we don't do something, the whole company will go under.

handle with care *phr* /ˈhændl wɪð ˌkeə(r)/ _____

You need to handle this situation with a lot of care.

health care *n* /ˈhelθkeə(r)/ _____

The people who live in the retirement flats don't tend to have any major health care issues.

held responsible (for) *adj* /ˌheld rɪˈspɒnsəbl ˌfɔː(r)/ _____

Children under the age of ten cannot be held responsible for their actions.

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hire (somebody) O <i>v</i> /'haɪə(r) sʌmbədi/	_____	I was hired because of my background in psychology.
I couldn't care less <i>phr</i> /aɪ ˌʊdn keə(r) 'ləs/	_____	I couldn't care less who wins the World Cup final.
in confidence <i>phr</i> /ɪn 'kɒnfɪdəns/	_____	Anything my patients say is treated in complete confidence.
invade (somebody's) privacy <i>phr</i> /ɪn'veɪd ˌsʌmbədɪz ˌprɪvəsi/	_____	Responsible journalism involves not invading people's privacy.
leave (something) jammed O <i>phr</i> /li:v 'sʌmθɪŋ dʒæmd/	_____	I came down to use the photocopier and somebody had left it jammed again.
liberating <i>adj</i> /'lɪbəreɪtɪŋ/	_____	'The Freedom Experiment' is about getting rid of your to-do list and doing liberating things instead.
miss the point <i>phr</i> /ˌmɪs ðə 'pɔɪnt/	_____	I'm afraid I think you're missing the point here.
nosy <i>adj</i> /'nəʊzi/	_____	Are you listening to that couple's conversation? Don't be so nosy!
on hand <i>phr</i> /ɒn 'hænd/	_____	The residents know that I'm on hand should they need anything.
overcautious <i>adj</i> /ˌəʊvə'kɔːʃəs/	_____	Elderly people often become overcautious when they drive.
own (up) <i>v</i> /əʊn 'ʌp/	_____	Who did this? Is anyone going to own up?
participant O <i>n</i> /pɑː'tɪsɪpənt/	_____	Three participants got injured at the charity fun run.
reckless <i>adj</i> /'rekləs/	_____	My brother is always doing reckless things like cycling at night without any lights.
recruitment O <i>n</i> /rɪ'krʊtmənt/	_____	We work in various different areas like recruitment – taking on new staff, contracts and so on.
relocate <i>v</i> /ˌriːləʊ'kert/	_____	Relocating the whole company to our northern office is the best way to reduce costs.
responsible (for) O <i>adj</i> /rɪ'spɒnsəbl fɔː(r)/	_____	At ten, you are legally responsible for your actions in England.
restrictions O <i>n pl</i> /rɪ'strɪkʃnz/	_____	Working restrictions for fourteen- and fifteen-year-olds are almost the same in England.
sheltered housing complex <i>n</i> /ˌʃeltəd 'haʊzɪŋ ˌkɒmpleks/	_____	I'm a warden at a sheltered housing complex – a residential option for older people.
slip (by) <i>v</i> /slɪp 'baɪ/	_____	People regretted letting good friendships slip by over the years.
specialist O <i>adj</i> /'speʃəlɪst/	_____	Older people are often given any specialist care they need at home.
speculate <i>v</i> /'spekjʊleɪt/	_____	We all speculated as to why Jennifer had started missing work so often.
spontaneity <i>n</i> /ˌspɒntə'neɪəti/	_____	I like the spontaneity of that – just go to the station and see where fate takes you.
supposed to O <i>phr</i> /sə'pəʊzd tə/	_____	We're supposed to be in the office until 5.30.
take on <i>phr v</i> /teɪk ɒn/	_____	At fourteen, you can take on part-time employment for two hours each school day.
the elderly O <i>n</i> /ðɪ 'eldəli/	_____	China has recently passed a law highlighting the need for care for the elderly.
thrill-seekers <i>n pl</i> /'θrɪl ˌsiːkəz/	_____	The average age of thrill-seekers is getting higher.
trustworthy <i>adj</i> /'trʌstˌwɜːði/	_____	You're trustworthy and reliable, and we know you'll always get the job done.
underweight <i>adj</i> /ˌʌndə'weɪt/	_____	I'm worried about Sally – she looks underweight.
unfulfilled <i>adj</i> /ˌʌnfʊl'fɪld/	_____	Many people were frustrated that so many of their dreams had gone unfulfilled.
uninhibited <i>adj</i> /ˌʌnɪn'hɪbɪtɪd/	_____	I'd never have done a bungee jump when I was younger, but now I feel uninhibited.

Name _____

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upheaval *n* /ʌp'hi:vəl/

Moving house is a real upheaval, especially for older people.

useless *adj* /'ju:sləs/

You can blame Michael for the fault – he's useless with machines

welfare officer *n* /'welfeə(r) ,ɒfɪsə(r)/

I'm the welfare officer – I'm responsible for your accommodation, health and so on.

without a care in the world *phr*
/wɪ,ðəʊt ə ,keə(r) ɪn ðə 'wɜ:ld/

My dad is without a care in the world now that he's retired.